

Date: 30th November 2020

Theme of the week: St Andrews Day

Saint Andrew's Day, also known as Andermas is the feast day of Andrew the Apostle. It is celebrated on 30 November. Saint Andrew's Day is Scotland's official national day. Saint Andrew is the disciple in the New Testament who introduced his brother, the Apostle Peter, to Jesus as the Messiah. He is the patron saint of Cyprus, Scotland, Greece, Romania, Russia, Ukraine, the Ecumenical Patriarchate of Constantinople, San Andres Island (Colombia), Saint Andrew (Barbados) and Tenerife.

Action

Exercise 1: Scottish Flag Challenge

Instructions: Make the Scottish flag in the coolest way. Maybe bake it into cookies, make it as a painting, make it out of Scottish foods, make it out of unexpected blue and white items or even a word flag with things associated to Scotland. WHATEVER YOU WANT!
If you want to do the cookies but want to make it a harder challenge, then try making Kilt cookies instead (shown below).



Take a picture of your final products and send it to sarah.daniels@ymcachelmsford.org.uk and we will celebrate your efforts through our website and Instagram account ALWAYS GET PERMISSION FROM YOUR PARENTS IF YOU'RE UNDER 18

Exercise 2: Recycled Bagpipes

Instructions: Using loo role, plastic bags or anything you can recycle try and make the most realistic set of Bagpipes. If you can even get it to make a sound, then that's really impressive.

Take a picture or video (if it creates a sound) of your final products and send it to sarah.daniels@ymcachelmsford.org.uk and we will celebrate your efforts through our website and Instagram account ALWAYS GET PERMISSION FROM YOUR PARENTS IF YOU'RE UNDER 18

Outcome / Mission Moments:

- How has this exercise made you feel?
- Did you learn a new skill or interest?
- Maybe encourage other members of your family to get involved!